

ISRG TEAM SCHEDULE 2024/2025

	Mon	Tue	Wed	Thu	Fri
Rhythmic Girl	OFF	6.00-7.00	OFF	OFF	OFF
Team Preparation	OFF	4.00-6.00	OFF	4.00-6.00	OFF
Future Stars	4.00-6.30	OFF	4.00-6.30	OFF	4.00-6.30
Rhythmic Gala	6.00-8.00	OFF	6.00-8.00	OFF	OFF
Junior Team	5.00-8.00	5.00-8.00	OFF	5.00-8.00	5.00-8.00
Senior Team	5.00-8.30	5.00-8.30	6.00-8.00 (open gym)	5.00-8.30	5.00-8.30