

# ISRG TEAM SCHEDULE 2022/2023

	Mon	Tue	Wed	Thu	Fri
<b>Senior Team</b>	4.00-8.00	4.00-8.00	4.00-8.00	4.00-8.00	4.00-8.00
<b>Junior Team</b>	5.00-8.00	4.00-7.00	5.00-8.00	OFF	5.00-8.00
<b>Future Stars</b>	OFF	4.00-7.00	OFF	4.00-7.00	4.00-7.30
<b>Team prep</b>	4.00-6.30	OFF	4.00-6.30	OFF	4.00-6.30
<b>Rising stars</b>	4.00-6.00	OFF	4.00-6.00	OFF	OFF
<b>Gala rhythmic A</b>	3.30-5.30	OFF	3.30-5.30	OFF	OFF
<b>Gala rhythmic B</b>	6.00-8.00	OFF	6.00-8.00	OFF	OFF